



Our Food Bank Policy is Changing on 5th June

What's changing?

On your first referral to Sufra, you can access 6 **emergency** parcels.

Max. one per week.



If you still need **support after 6 parcels**, you will need to speak to a **Brent Hubs advisor** for a **Further Assessment appointment**.

This is to provide signposting to appropriate services, guidance on financial matters and support with benefits, housing employment and more.



After the Further Assessment appointment, the advisor can allocate parcels if needed.

From there, you can receive one parcel per month.



NOT WEEKLY

Why?

- To ensure we can support as many people as possible.
- Any parcels you have been allocated before then can be accessed as normal.

What other support is available?

Access our network of Community Kitchens for free delicious and nutritious food



bit.ly/SufraCK

Head to our Advice Drop-in sessions at The Living Room.



bit.ly/SufraDropIn

Brent Hubs info:

7 sites across the borough:

www.brenthubs.com

0208 937 6792

(Phones open Mon – Fri, 11-3)

Come along to our Community Kitchens!

Monday & Tuesday

18.00 - 20.00

Bridge Park Leisure Centre

Harrow Road, NW10 0RG

Thursday

13.00 - 15.00

Laurence's Larder

Christchurch Ave, Willesden Ln, NW6 7BJ

Friday

18.00 - 20.00

Granville Kitchen

140 Carlton Vale, NW6 5HE

****Wednesday Community Kitchen at Ark Elvin Academy is closed until September 2023****

St Raphael's Garden Market relaunching!

Our Garden Market will officially run every Saturday, from 13th May between 12.00 – 14.00. Pick your own fresh, seasonal fruit/veg & pay as you feel!
St Raphael's Edible Garden
162 Pitfield Way, NW10 0PW

We are hiring!

- *Finance Manager (28 hours/week)*
- *Community Engagement Manager (40 hours a week)*
- *Community Chef de Partie (30 hours/week)*
- *Facilities Assistant (Bridge Park, 20-24 hours/week)*

For more info please head to

bit.ly/SufraVacancy

Food bank reminder

You can collect your food parcel from:

Sufra on Tuesdays and Thursdays
11.00 - 15.00 (160 Pitfield Way, NW10 0PW)

OR

PCC on Tuesdays 11.30 – 16.00
(Marley Walk, NW2 4PU)

Once you've received 6 food parcels, you will need to call Brent Hubs at 0208 937 6792 between 11am-3pm Mon-Fri for more support.

Please note, we cannot guarantee specific items in your food parcels as we often rely on donations.

It's Sufra's 10th Anniversary!

Sufra officially turns 10 on May 7th!

Watch our video to learn why Sufra continue to do the work we do after all these years:



May 2023

Foodbank Newsletter

Community Wellbeing Project

Are you a family with children, in employment, on benefits?

For £3.50 a week you can have weekly food shopping (and choose your own food), welfare advice, drinks/snacks at our Community Café and warm meals at our evening Community Kitchen – at no extra cost!

- Open on Mondays and Tuesdays
- Bridge Park Leisure Centre, Harrow Road, NW10 0RG
- Sign up here: bit.ly/sufracwp

**Bridge Park will open on Wednesdays instead of Mondays on bank holiday weeks.*