

Ramadan Giving Calendar

1.

Get a large box for all your food items.

2.

Each day look at your calendar and put the **RED** item in your box. More than one of the item is welcomed!

3.

It's the end of Ramadan, your box is full! You will feed a needy family - that's amazing!

My Daily Acts of Giving

<p>DAY 1</p> <p>Baked Beans they're good for your heart <input type="checkbox"/></p>	<p>DAY 2</p> <p>Put the hula down it's Spaghetti Hoops we need <input type="checkbox"/></p>	<p>DAY 3</p> <p>Tinned Soup  <input type="checkbox"/></p>	<p>DAY 4</p> <p>We need Squash. The drink not the game <input type="checkbox"/></p>	<p>DAY 5</p> <p>Rice is nice when you add a bit of spice <input type="checkbox"/></p>	<p>DAY 6</p> <p>Pasta: What's your favourite type? <input type="checkbox"/></p>	<p>DAY 7</p> <p>I love them all but Spaghetti's the best for me <input type="checkbox"/></p>
<p>DAY 8</p> <p>Oh and don't forget the Pasta Sauce <input type="checkbox"/></p>	<p>DAY 9</p> <p>I need Oil for cooking everyday  <input type="checkbox"/></p>	<p>DAY 10</p> <p>The most important meal of the day: breakfast Cereal <input type="checkbox"/></p>	<p>DAY 11</p> <p>What's your favourite breakfast? Mines Porridge <input type="checkbox"/></p>	<p>DAY 12</p> <p>Biscuits  <input type="checkbox"/></p>	<p>DAY 13</p> <p>Nearly half way I think we all need a Snack <input type="checkbox"/></p>	<p>DAY 14</p> <p>Tinned Carrots  <input type="checkbox"/></p>
<p>DAY 15</p> <p>Peanut butter and Jam time  <input type="checkbox"/></p>	<p>DAY 16</p> <p>Don't forget about the Sugar in my tea <input type="checkbox"/></p>	<p>DAY 17</p> <p>Or Sweetener if you prefer it that way <input type="checkbox"/></p>	<p>DAY 18</p> <p>A Tuna melt is a tasty sandwich <input type="checkbox"/></p>	<p>DAY 19</p> <p>Have you heard of Sardines? They're the best tinned fish <input type="checkbox"/></p>	<p>DAY 20</p> <p>Tinned Sweetcorn  <input type="checkbox"/></p>	<p>DAY 21</p> <p>Greens are important in your diet: Tinned Peas <input type="checkbox"/></p>
<p>DAY 22</p> <p>Fresh milk doesn't always last: can you find some UHT Milk? <input type="checkbox"/></p>	<p>DAY 23</p> <p>Tinned Potatoes  <input type="checkbox"/></p>	<p>DAY 24</p> <p>Tinned Tomatoes  <input type="checkbox"/></p>	<p>DAY 25</p> <p>Chickpeas make a great addition to my mothers stew <input type="checkbox"/></p>	<p>DAY 26</p> <p>Kidney Beans are essential for a great Chilli <input type="checkbox"/></p>	<p>DAY 27</p> <p>Soap  <input type="checkbox"/></p>	<p>DAY 28</p> <p>Nappies: any size will do <input type="checkbox"/></p>
<p>DAY 29</p> <p>Power up little sisters everywhere with Baby Milk <input type="checkbox"/></p>	<p>DAY 30</p> <p>You champion it's the final day: Choose something special <input type="checkbox"/></p>	<p>MY NAME</p> <p>MY ADDRESS</p> <p>CONTACT NO.</p>				

