

# VOLUNTEER OPPORTUNITIES

ROLE	ROLE DESCRIPTION	WHERE	SHIFT DAYS	SHIFT TIMES
Food Parcel Packers	Help us pack essential food items at our premises in St Raphael's Estate and help us host our collection service at the Food Bank on Tuesdays and Thursdays. Committing to just one shift a week for the next three months will help us stay on top of the increasing demand, and give you the opportunity to give back to the community.	Sufra	Mon - Fri	10am - 1pm 2pm - 4pm
Food Delivery Drivers	Do you have an hour or two to spare once a week? Do you have a DBS check? We are urgently in need of drivers to deliver our hot meal provisions to the most vulnerable guests around Brent. Must have own car and valid driving license.	In and around Brent	Mon - Fri	4.30pm - 5.30 / 6.30pm
Community Kitchen Volunteers	Help our chef to cook up to 200 meals a day, in time for delivery to those who are unable to cook for themselves. Learn what it's like in a busy kitchen and get stuck in making a difference.	Sufra	Mon, Tues, Thurs & Fri	10am - 2.30pm
Telephone Volunteers	We are looking for volunteers who can commit 1 morning or afternoon per week, to become telephone volunteers. Triaging phone calls from guests, donors, volunteers and the general public, you will be the first friendly voice anyone will hear when they get in touch.	Remote Working	Flexible	Flexible
Data Entry Volunteers	If you want to volunteer around your own schedule, and are familiar with basic MS Excel, then why not become a data entry volunteer? Help us keep our records up to date.	Remote Working	Flexible	Flexible
Signposters	We are recruiting volunteers to remotely signpost our Food Bank guests. After receiving training on how to use our directory, having sensitive conversations and recording information, you could support our Food Bank guests accessing help from other vital services.	Remote Working	Flexible	Flexible
Information Volunteers	Interested in supporting our advice volunteers, researching the latest information and supporting guests? Become an information volunteer - on hand for researching tasks.	Remote Working	Flexible	Flexible
Community Garden Volunteers	We are always looking for volunteers, both those with experience and those who would like to have a go, to help us increase the yield of fresh produce in the edible garden and help run small socially-distanced friendly therapeutic activities in the garden.	Sufra Community Garden	Flexible	Flexible
Arabic Speaking Volunteers	Do you speak Arabic? We are often in need of interpreters and translators to carry out various ad hoc tasks.	Various	Flexible	Flexible